



## Let's debate

### DISCIPLINA:

<b>ARGOMENTO</b>	<b>CLASSI</b>
FAST FOOD SINGLE SEX SCHOOL	1a
STUDENTS SHOULD WEAR A UNIFORM HOMEWORK SHOULD BE BANNED	1a
ALCOHL CONSUMPTION SHOULD BE FREE CANNABIS SHOULD BE LEGALIZED	2a
GMOs NEW MEDICINES SHOULDN'T BE TESTED ON ANIMALS	2a



Let's debate. Argomentazioni:

## “Affermazione, Ragionamento, Prove, e Conclusione”

### Fast food

<p><b>“Affermazione”</b></p> <p><i>Dire con una frase chiaramente la propria posizione +Enucleazione dei punti da discutere.</i></p> <p><i>(es. “Noi pensiamo che..... Il nostro primo punto è.....”)</i></p>	<p>We are against Fast Food because we think that it is dangerous for our health, its ingredients are of poor quality and it may give addiction to it.</p>
<p><b>“Ragionamento”</b></p> <p>Spiegazione circa la validità delle proprie argomentazioni (perché è rilevante, perché è giusto, perché è vero)</p>	<p>Fast Food contains a lot of fat , sugar, colourings and preservatives and may cause obesity, diabetis and heart problems.</p> <p>Since prices must be competitive, the meat and the cheese in hamburgers are often imported from countries which don't control their quality.</p> <p>Fast Food often tastes delicious and you find it difficult to stop eating it.</p>
<p><b>“Prove”</b></p> <p>Cita 1-2 esempi, dati oggettivi a supporto delle tue affermazioni (esempio, dati statistici, opinioni di esperti)</p>	<p>According to an experiment carried out by Spurlock in "SUPERSIZE ME", eating fast food everyday for one month "destroys" our body.80% of people eating fast food regularly are obese in the US.It has been proved that fast food contains dopamine and make you addicted to it.</p>

<p><b>“Conclusione”</b></p> <p>Riassunto dei punti illustrati in relazione all’argomento assegnato</p>	<p>In conclusion we can say that even though fast food is good and cheap, it definitely causes lots of problems to our body. It's true that we save money , when we buy it, but then, we have to spend a lot of money to buy medicines.</p>
--	---



## Controargomentazioni

### Quattro fasi

<p><b>“Loro dicono . . .”</b></p> <ul style="list-style-type: none"> <li>• <i>Riformulare l’argomentazione degli avversari</i></li> </ul>	<p>There are fast food restaurants that serve only organic food, which is very healthy.</p> <p>If you eat fast food only once a month , you practice a sport, your health won’t be damaged.</p>
<p><b>“Ma noi non siamo d’accordo . . .”</b></p> <ul style="list-style-type: none"> <li>• <i>Affermare il proprio punto di vista</i></li> </ul>	<p>Mc Donald’s has now a large variety of meals ,including fresh salads and fruit juice.</p>

<p><b>“Perchè . . .”</b></p> <ul style="list-style-type: none"> <li>• <i>Dare prove per supportare la controargomentazione</i></li> </ul> <p>Cita 1-2 esempi, dati oggettivi a supporto delle tue affermazioni (esempio, dati statistici, opinioni di esperti)</p>	<p>Ten years ago, if you pulled off the highway for a quickie lunch, your healthy menu options were a sad-looking side salad or a bland chicken sandwich. But now, "not only is fast food healthier—thanks to restaurants cutting out trans fats and loading up on fresh ingredients—there are many more good-for-you tasty choices FAST FOOD REASTAURANTS," says Joanne Lichten, RD, author of Eat Out Healthy.</p>
<p><b>“Quindi . . .”</b></p> <ul style="list-style-type: none"> <li>• <i>Confronta la tua argomentazione a quella degli avversari</i></li> <li>• <i>Mostra che i tuoi argomenti sono migliori</i></li> </ul>	<p>In 2010, 36.9 percent of Americans had heart disease, a number the American Heart Association projects will climb to 40.5 percent by the year 2030, in a study conducted by the American Heart Association.</p>